

ST B BREAKFAST MENU JANUARY 2019

7. 1 oz Cereal & 1 Poptart 1/2C Fruit 4 oz Juice 8 oz Milk	8. 2 oz Frudel 1/2C Fruit 4 oz Juice 8 oz Milk	9. 2oz Darlington Bar 1/2C Fruit 4 oz Juice 8 oz Milk	10. 1 oz Cereal & 1 oz Granola Bar 1/2C Fruit 4 oz Juice 8 oz Milk	11. 2 oz BF Stick 1/2C Fruit 4oz Juice 8 oz Milk
14. 1 oz Cereal & 1 RK Granola Bar 1/2C Fruit 4 oz Juice 8 oz Milk	15. 4 oz Yogurt & NV Granola Bites 1/2C Fruit 4 oz Juice 8 oz Milk	16. 1oz String Cheese & Cereal Bar 1/2C Fruit 4 oz Juice 8 oz Milk	17. 1 oz Cereal & 1 oz Elf Grahams 1/2C Fruit 4 oz Juice 8 oz milk	18. 4 oz Yogurt & 1 oz Muffin 1/2C Fruit 4 oz Juice 8 oz Milk
21 NO SCHOOL	22.4 1 oz Cereal & granola bar 1/2C Fruit 4 oz Juice 8 oz Milk	23. 4 oz Yogurt & Scooby Snax 1/2C Fruit 4 oz Juice 8 oz Milk	24.2 oz Ciniminis 1/2C Fruit 4 oz Juice 8 oz milk	25.2 oz BF Stick 1/2C Fruit 4 oz Juice 8 oz Milk
28.1 oz Cereal & RK Granola Bar 1/2C Fruit 4 oz Juice 8 oz Milk	29.2 oz Mini Bagels 1/2C Fruit 4 oz Juice 8 oz Milk	30 Cin bun Pretzel 1/2C Fruit 4 oz Juice 8 oz Milk	31.1 oz Muffin & 4 oz Yogurt 1/2c Fruit 4 oz Juice 8 oz Milk	